

CARIBBEAN AMERICAN MAGAZINE

Featuring:
UNIQUE CAHM AND CULTURE AWARDS BANQUET & GALA
AND CARIBBEAN MUSIC AND DANCES

www.cahmusa.com
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CITY OF PEMBROKE PINES



Congratulations to Mayor Frank Ortis and all Honorees being recognized at the 2020-2121 Unique Caribbean American Heritage Month and Culture Awards.

We appreciate your outstanding contributions to our Community.



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Frank C. Ortis**



**Vice Mayor
Thomas Good, Jr**



**Commissioner
Jay D. Schwartz**



**Commissioner
Angelo Castillo**



**Commissioner
Iris A. Siple**



**City Manager
Charles F. Dodge**

Hello Everyone,

It is my absolute pleasure to welcome you here tonight to recognize and celebrate National Caribbean American Heritage Month. This is an exciting time as we continue to acknowledge this special period in our history which began several years ago in 2006 by President George W. Bush.

Over the years we strive to continue to bring awareness to CAHM and the outstanding contributions that the Caribbean American Community has brought to the United States.

Sincere Congratulations to ALL the honorees for being a part of this event. Individuals from Bahamas, Haiti, Jamaica, Puerto Rico, have been chosen to receive the "Unique CAHM and Culture Awards" in different categories. Additionally, 2 non-Caribbean individuals will receive the "Friend of the Caribbean Award" and a new category the Unique Creations by Liz, President's Award. Over the years these individuals have supported and impacted the Caribbean American Community.



Despite various challenges for over a year and half in various countries and communities with the impact of Covid-19, it is fantastic to see that we are bouncing back to some normalcy. My wish is that we continue to move forward for a better, healthier community and country.

In the interest of keeping the community safe, this year will forgo the Caribbean American Exhibition and Festival which will return in 2022.

Heartfelt thanks to our sponsors and supporters: Bodden and Bennett Law, Bravo Flamingo-Supermarkets, ALL our advertisers and individuals who have extended their support over the years.

To My American and Caribbean-American Family!

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Unique Creations by Liz, Event Marketing, Planning, Production



Elizabeth "Liz" Burns



"Ask not what your country can do for you - ask what you can do for your country." - John F. Kennedy

Proclamation

National Caribbean- American Heritage Month, 2021

JUNE 01, 2021 • PRESIDENTIAL ACTIONS

America's diversity is and always has been the defining strength of our Nation — in every generation, our society, spirit, and shared ambitions have been refreshed by wave after wave of immigrants seeking out their American dream. Throughout our history, Caribbean Americans have brought vibrant cultures, languages, traditions, and values that strengthen our country and add new chapters to our common story. In recognition of Caribbean Americans' countless gifts and contributions to our Nation, we celebrate National Caribbean-American Heritage Month.

Caribbean Americans have made our country more innovative and more prosperous; they have enriched our Nation's arts and culture, our public institutions, and our economy. I am honored to celebrate this National Caribbean-American Heritage Month alongside Caribbean-American barrier-breaking public servants in my Administration — including Vice President Kamala Harris, Secretary of Homeland Security Alejandro Mayorkas, Secretary of Education Miguel Cardona, and Domestic Policy Advisor Susan Rice — all of whom continue to be sources of pride and inspiration for Caribbean Americans across the country.

Caribbean-American intellectuals and artists like James Weldon Johnson, the poet who gave us the anthem, Lift Every Voice and Sing; celebrated neo-expressionist painter Jean-Michel Basquiat; and John B. Russwurm, the first Caribbean-American editor of a U.S. newspaper, have left a lasting impact on our country. Caribbean-American jurists like Constance Baker Motley, the first Black woman appointed to the Federal bench, and the Nation's first Latina Supreme Court Justice, Sonia Sotomayor, have made innumerable contributions to the American justice system. Shirley Chisholm, the daughter of Caribbean immigrants, blazed new trails as our Nation's first Black Congresswoman — and the first Black woman to launch a major-party bid for the Presidency. Public servants like Antonia Novello, our Nation's first female Surgeon General, and Colin Powell, our first Black Secretary of State, have followed in her footsteps, charting new paths of their own in service to the American people.

Despite the powerful legacy of achievement of Caribbean Americans, many members of the Caribbean-American community continue to face systemic barriers to equity, opportunity, and justice. Systemic racism has uniquely impacted Black and Latino immigrant communities, including Caribbean Americans, leading to disparities in health care, education, housing, criminal justice, and economic opportunity. My Administration is committed to addressing those entrenched disparities — and to bringing our Nation closer to its promise that all people are created equal and deserve to be treated equally throughout their lives. That is why I have launched a whole-of-government approach to advancing racial justice and equity.

During National Caribbean-American Heritage Month, we celebrate the legacy and essential contributions of Caribbean Americans who have added so much to our American fabric.

NOW, THEREFORE, I, JOSEPH R. BIDEN JR., President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim June 2021 as National Caribbean-American Heritage Month. I encourage all Americans to join in celebrating the history, culture, and achievements of Caribbean Americans with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of June, in the year of our Lord two thousand twenty-one, and of the Independence of the United States of America the two hundred and forty-fifth.

JOSEPH R. BIDEN JR.



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Greetings Everyone,

It is always a pleasure to celebrate and recognize the great contributions of Caribbean-Americans to the fabric of our nation. Be it culinary, art, education, medicine, we always shine through. Being of Caribbean descent, I've always taken great pride in the paths we've helped to create and marvel at all we've done and continue to do.

This evening, I wish you all a wonderful celebration-I congratulate those being honored and encourage everyone to continue on the path of greatness in representing our great culture.

All the best,

Wayne M. Messam
Mayor



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Commissioner Ray Martin
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As we celebrate Caribbean American Heritage month, we acknowledge ALL Caribbean's throughout the region. The Caribbean people have over the years brought their expertise to the United States, in areas such as medicine, science, arts and culture just to name a few.

Sincere Congratulations to the recipients who are being recognized at the Unique CAHM and CULTURE Awards today.

You have displayed exemplary commitment and contribution to your community. Thanks to Unique Creations by Liz for hosting this event in recognition of Caribbean American Heritage Month.

It is certainly a great honor for me to be a part of this awesome gala and awards celebration.

The impact of COVID-19 has been very challenging throughout the world, and this event provides a platform for people to celebrate together in recognition of Caribbean American Heritage Month.

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Shutts & Bowen LLP is proud to support the Unique CAHM and CULTURE Awards. Congratulations to the Honorable Brenda D. Forman and all recognized honorees.

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*...on the occasion of your
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Proverbs 22 : 6
Train up a child in the way
he should go
and when he is old he will
not depart from it



A PEEK AT THE CARIBBEAN ISLANDS



ANTIGUA & BARBUDA

FUNGEE & PEPPERPOT

Prepared either as a breakfast meal or main entre. Fungee is a cornmeal with okra, cooked salted water and boiled to a paste. Pepperpot is a combination of a variety of vegetables, spinach, eggplant, okra, onions, spices, meats, & seasonings, boiled to a soupy finish.



ANGUILLA

PIGEON PEAS AND RICE

The national dish. Pigeon peas are fresh peas often soaked overnight or tinned peas ready to use. Sometimes referred to as beans, they are combined with rice flavored with spices and served with a meat dish.



ARUBA

KESHI YENA The national dish

Keshi Yena is a large round ball of cheese stuffed with spiced beef meat that is served baked or steamed. Included in the Keshi Yena stuffing is also chicken or goat meat.



BAHAMAS

CRACK CONCH WITH PEAS AND RICE

This dish is sometimes served with optional side dishes of potato salad, macaroni & cheese (Bahamian style), coleslaw, and fried plantains. Served as a main entre.



BARBADOS

COUCOU & FLYING FISH

Cou cou or coo coo (made with corn meal, flour, and okra) is served with vegetables, ground provisions or rice or served a la carte as a main entre.



BELIZE

BELIZEAN RICE & BEANS WITH FISH STEW

Beans and rice are cooked together with various spices. Finish with coconut milk for extra flavors. This is prepared as a main entre.



BERMUDA

BERMUDA FISH CHOWDER

Is a soup that is considered quintessential national dish of Bermuda. This dish is an aromatic blend of seafood and spice that often includes potatoes, tomatoes, onions, carrots, green peppers and celery. You might think of it as Bermudian gumbo!



HIGHLIGHTS

Caribbean Exhibition & Festival



*Success is liking yourself, liking what you do, and liking
how you do it. ~ Maya Angelou*

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Magazine in recognition
of Caribbean-American Heritage
Month in June 2021.



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FHEHealth



FHEHealth wishes to congratulate Madam Clerk Brenda Forman on being named an honoree for Caribbean American Heritage month, at the Unique CAHM and Culture Awards - June 26, 2021

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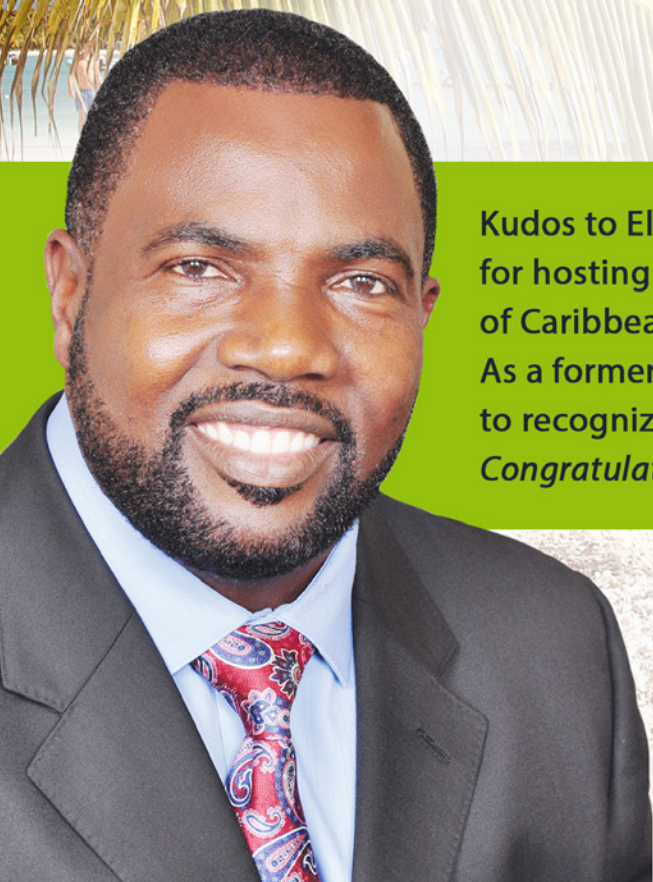
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I am truly humbled and honored to be re-elected to the City of Miramar Commission. To the residents of Miramar, I would like to extend my heartfelt gratitude for the confidence you have placed in me.

As I continue to serve you as your Commissioner, I promise to uphold the position you have bestowed upon me with utmost compassion and integrity. To my supporters, donors, and campaign team, my sincere thanks to you for believing in me and standing by my side.

Commissioner
Maxwell B. Chambers
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Kudos to Elizabeth Burns of Unique Creations by Liz for hosting another grand event in recognition of Caribbean-American Heritage Month. As a former recipient, it is my distinct pleasure to recognize the 2021 honorees. Congratulations on attaining this prestigious award!



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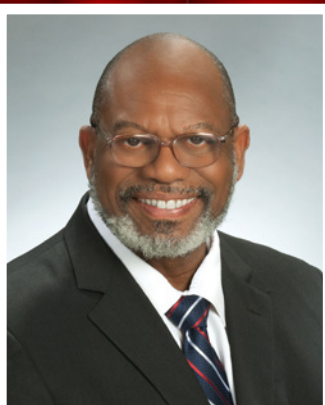
CARIBBEAN AMERICAN HERITAGE MONTH

Unique CAHM and CULTURE Awards

Congratulations

to all

HONOREES



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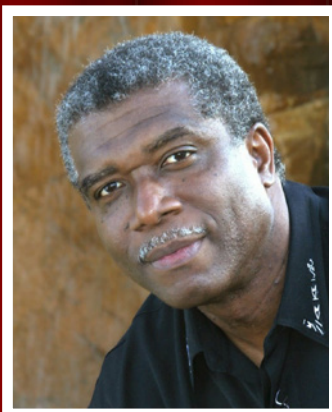


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Unique CAHM and CULTURE Awards



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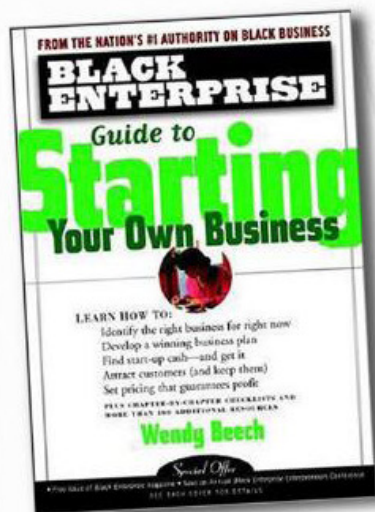
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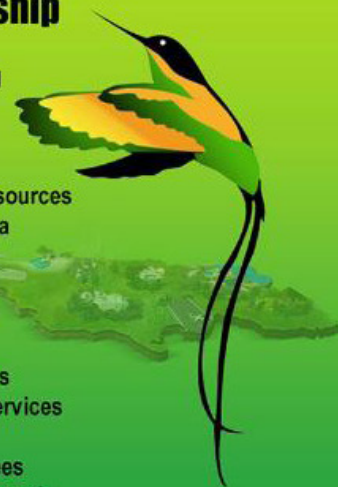
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A PEEK AT THE CARIBBEAN ISLANDS



BRITISH VIRGIN ISLANDS

FISH AND FUNGEE

Fungi is a main staple of the traditional Virgin Islands diet. It consists of cornmeal that has been boiled and cooked to a thick consistency along with okra.



CAYMAN ISLANDS

TURTLE The traditional national dish of the Cayman Islands is turtle meat.

Note that turtles eaten in the Cayman Islands are not from the wild but a government owned turtle farm which is also a tourist attraction. The meat from these farm turtles are using in soup or braised as steaks and burgers. Conch is also popular.



CUBA

ROPA VIEJA (Spanish pronunciation: ro. pa .bje. xa; "old clothes") is one of the national dishes of Cuba, but is also popular in other areas of the region. It consists of shredded or pulled stewed beef (Flank Steak) with vegetables in a tomato sauce base, black beans, yellow rice, plantains and fried yucca..



CURACAO

TURTLE

(traditional national dish) is a huge favorite in many of the Caribbean Islands, and can be prepared in various ways and is absolutely delicious in whichever style you prefer. Conch is also popular.



DOMINICA

MOUNTAIN CHICKEN

Mountain chicken or frog legs, colloquially referred to as crapaud is heavily seasoned and stewed, boiled or fried until golden brown and then served with white rice, rice & peas, or provisions. Prepared as a main entre.



DOMINICAN REPUBLIC

SANCOCHO

Soup with vegetable or ground provisions such as yams, yucca, potatoes, etc along with a variety of meats. Prepared as a main entre. Salchichon, Dominican salami, raditionally eaten with fried green plantains.



GRENADA

OIL DOWN

Made with ground provisions, including breadfruit and served with pig tail, salt beef or your choice of meat. Prepared as a main entre.



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In celebration of Caribbean American Heritage Month and in recognition of being awarded "Friend of the Caribbean," the Board of Directors of the Broward County Bar Association is proud to support



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Marleine Bastien

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Our **mission** is to empower low to moderate-income families socially, financially, and politically and give them the tools to transform their communities.

Strong families = Strong Communities

A PEEK AT THE CARIBBEAN ISLANDS



GUYANA

PEPPERPOT

Made with cassareep (cassava extract) and beef or choice of meat, served with white rice or black eye or split peas & rice, spicy, served as a main entre.



GUADELOUPE

PORC-COLOMBO (national dish)

A stew made with pork, chicken, lamb or goat, together with various local herbs, spices and vegetables.



HAITI

GRIOTS WITH RICE & BEANS

Griots (pork) are a very tasty Haitian treat made by boiling and then frying cubes of pork. Served as a main entre and complimented with riz et pois (rice and peas) or riz djon-djon and bananes pesees. Most Haitians eat their griots with burning hot Ti-Malice sauce.



JAMAICA

ACKEE & SALT FISH

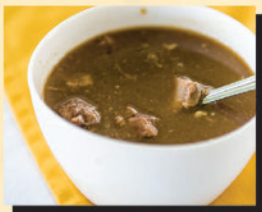
Ackee is a pear sized fruit, when prepared it resembles scrambled eggs, salt fish is boiled to extract most of the saltiness. Seasonal well and served mainly as a breakfast meal. The famous and delicious Jerk Chicken that is a popular dish throughout world.



MARTINIQUE

GRILLED SNAPPER WITH SAUCE AU CHIEN

Sauce au Chien or creole sauce, made with chives, onions, parsley, tomatoes, peppers and other spices alongside grilled snapper is hot. Prepared as a main entrée. While there seems to be a debate on the number of national dishes. Martiniquans all agree that this is a national pleaser marinated codfish and green bananas, another local favorite main entrée.



MONTSERRAT

GOAT WATER (national dish)

A thick goat meat stew served with crusty bread rolls.



PUERTO RICO

ARROZ CON GANDULEZ AND PERNIL

Rice with pigeon peas and pork shoulder. Much like rice and peas with your choice of meat, prepared as a main entrée.



PERRY
THURSTON
FOR
CONGRESS

This month we honor

Carribean American Heritage Month

Congratulations to all the honorees
of the Unique CAHM and Culture Awards

- Senator Perry Thurston



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A PEEK AT THE CARIBBEAN ISLANDS



ST KITTS & NEVIS

STEWED SALT FISH WITH DUMPLINGS, SPICY PLANTAINS & BREADFRUIT

Stewed salt fish with coconut dumplings & spicy (ripe) plantains served together with seasoned breadfruit, boiled in chicken broth. This medley was recently created as Kititians national dish, served as a main entrée.



ST LUCIA

GREEN FIG & SALT FISH

Green figs are green bananas boiled or stewed and served with salt fish, prepared as a breakfast meal.



ST MARTIN

CONCH & DUMPLINGS

The conch is pounded and then pressure cooked with seasonings. The dumplings are prepared with flour, water and with or without cornmeal. The thick sauce from the couch and dumplings is used as gravy, prepared as a main entrée.



ST VINCENT & THE GRENADINES

ROASTED BREADFRUIT & FRIED JACKFISH

Roasted breadfruit & fried jackfish, and not boiling, as was previously submitted, is purported to be the national dish of St Vincent and the Grenadines. The dish is often served with golden apple drink, which happens to be the national drink.



TRINIDAD & TOBAGO

CRAB AND CALALOO

Trini's love their crab and calaloo. The callaloo is prepared in a unique specially blended style that almost resembles an interesting (dark green) soupy, gravy/stew like concoction, well seasoned and flavorful. The crab is prepared tender and delicious, served as a main entrée.



TURKS & CAICOS

CONCH (national dish)

Is an excellent seafood that is considered the national dish, and is cooked in numerous ways such as fried, conch salad and all are very delicious and well flavored.



US VIRGIN ISLANDS

BOILED FISH AND FUNGI (pronounced fun-jee) is a kind of dumpling made from salted cornmeal mixed with water and shortening, and frequently, okra. It's generally served as a side-dish with fish or meat dishes. Conch in butter sauce is also a great favorite



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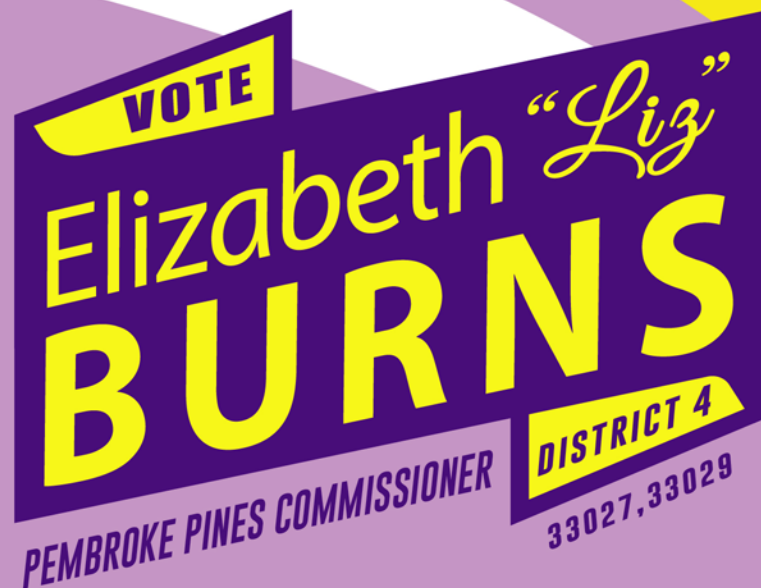
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CARIBBEAN music AND DANCES



By Kenneth Damally – Author of “Rapture of Life, Love and Nature”

Music is a universal language, and an integral part of humanity, in every culture.

The evolution of music and lyrics are a mirror of the historical setting in which it was created. Every creature, including the fauna and flora of the earth, have shown amazing ability to respond to music. It is used for such varied social purposes as ritual, worship, coordination of movement, communication, and entertainment. In other words, music conveys a rich spectrum of social, cultural, historical, and philosophical information. All this evolves from the experience and life of the composers – maestros and amateurs.

The Caribbean region boasts one of the richest heritages of music in many variants or genres, which is largely due to the polyglot people of the area. The region originally derived a variety of musical genres from the European colonizers that first settled in that nation.

Music was a power force among people and nations which act as an instrument of unification. It was used to great advantage by African slaves in the British West Indies during the preceding years leading up to Emancipation on August 1, 1834. Music became the common language of communication, since congregating and chatter were strictly prohibited by slave masters who thought that such actions would be conspiracy to revolt. It is to the motherland Africa,

that we owe the dominance of the percussion. Using the drum as their main instrument, slaves would chant African lyrics, which would enchant the slave owners, and let them believe the slaves were providing entertainment for them. While performing, they were transmitting subtle messages among themselves, which only they understood.

The slaves’ rudimentary music became the most effective tool to incite unrest, unite, and lobby for emancipation, - in a sly way. Resulting from their ingenuity, the slaves were able to emulate the music of the slave masters, and amalgamate them with their own melodies, traditional African rhythms, and created some real innovative sounds in their unique style. The European music were of the English, French, and Spanish, and included instruments like guitars, flutes, fiddles, fifes, saxophones, violins etc.- primarily.

Although there are many genres, there is a basic commonality in their compositions and dance themes – creative steps, arm swinging, and gyration of hips and shuffling of feet.

The dances consist mostly of energetic movements and their pulsating rhythm is bound to pull revelers of all ages and ethnicities to the dance floor. The dances are usually the highlights of celebratory or joyous occasions like parties, social functions or weddings – Caribbean people like pure exquisite delight, and to eat, drink and be merry.

It was said that the music acted like a magic potion on the slave masters, making them welcome Emancipation in 1834. In the ensuing years after Emancipation, the slaves continue their quest to enhance their instrumentation with the addition of some improvised pieces like the bamboo - fifes, flutes and saxophones, banjos, rhumba box which provide bass, shakers, grater, saw, and even an animal jawbone (cow bell) for light percussion. We now use an alternative to the cow bell in the form of a hollow and tapered metal hand-held instrument.

In Jamaica, this concoction of instruments created the foundation of a unique genre that is now known as mento music. This live band predates the sound system, which plays recorded music on 78’, then 45” and 33” RPM recordings, and big bands.

Each Caribbean nation differs from each other minutely, depending on the course of its history and settlement. There were work songs, certain narrative songs – like the blues ballads, and of course love songs. As the years progressed, different styles evolved. These include:

Trinidad and Tobago - calypso and its offshoot soul-calypso (soca) and chutney; from Haiti and the Dominican Republic combined – ibo, kompas, meringue; from Guadeloupe, Martinique and St. Lucia, came zouk (similar to the lambada from Brazil); from the Bahamas goombay. Cuba gave us the mambo, rumba, oreisha and salsa – a Spanish influence; Afro-Cuban dance the abakua, and from Afro-Suriname & Curacao the tambu. As with all folk music, there has been interchange of styles and influence through inter-island contact.

The Caribbean packs a wealth of music, sea, sun and fun – eagerly awaiting everyone regardless of race, color, class, creed or sexual orientation.

Latin American musical traditions of Mexico, Central America, and the portions of South America and the Caribbean evolved out of colonization by the Spanish and the Portuguese. These traditions reflect the distinctive mixtures of Native American, African, and European influences that have shifted throughout the region over time.

Music and dance are interdependent, and to some extent dance is part of the music story, especially in the sacred and secular folk realm. The two primary influences on Latin American popular music and dance have been European and African.

From the 1960s onward, the international mainstream stimulated a host of local imitations and creative musical fusions of variable quality. Some trends of this sort (Argentina's rock nacional of the 1980s, for instance, or Brazil's more recent techno-samba), Puerto Rico's reggaeton, have won growing international attention. Examples of these are such as merengue, rumba, salsa, and tango.

With the proliferation of new social groups, came the creation of new beliefs and the need for new ceremonies and rituals. An example is Santeria which is practiced in Cuba, Voodoo which practiced in Haiti, and Obeah as it is known in Jamaica. Most of these cultural rituals were brought over from Africa by the slaves. In the mix is a range of languages and ancestral religious rituals from Suriname and Curacao. Music is fully integrated into social life as evidenced by myriad of social commentaries. Biblical ancestors created various types of dance or musical accompaniments for their ceremonies, festivals and rituals. The adoption of new beliefs and modes of worship, require corresponding dynamic changes in their musical choices. The call and response type singing is both ritual and social tradition

Jamaica developed its early genres of music in the likes of mento, quadrille (an English/French derivative of the eighteenth-century high society), brukins, gere, pocomania, kumina, limbo, ska, rock steady, reggae, and more recently dancehall. The recording industry in Jamaica reportedly evolved about 1918, much later than most other Caribbean islands.

A Trinidadian musician named Lionel Belasco was reportedly the first to record a Jamaican repertoire.

Reggae music have been duplicated and replicated worldwide by every musician.

This genre name was created by Frederick 'Toots' Hibbert and popularized mainly by The Legend – Hon. Robert Nester Marley OM (1945-1981) who was considered Jamaica's musical ambassador to the world. Evolving out of the worldwide exposure of Reggae music, it gained United Nation's recognition as a product of Jamaica.

HISTORIC DAY FOR REGGAE MUSIC -

Reggae music, the uniquely Jamaican creation, has been inscribed on the UNESCO Representative List of Intangible Cultural Heritage of Humanity. "Jamaicans have long recognized that Reggae music means so much, to so many across the world. This inscription will invariably bring even more visibility to UNESCO'S Representative List of the Intangible Cultural Heritage of Humanity and intangible cultural heritage as a whole, and it demonstrates Reggae's global impact"

Minister Grange stressed that "a special tribute must be made to the Rastafari community which has been recognized globally as the chief practitioners who have contributed, in a major way, to the evolution of Reggae. It shows the popularity of Reggae music across the world and the captivating influence of the Jamaican art form," They carried the messages of peace, hope, love and one-ness that have made Reggae loved and respected world-wide".

"As a genre, Reggae music reflects the influences of Kumina chants and songs, Revival tambourines and hymns, and the drumming and chanting of Rastafarians. The heavy bassline, which is associated with the strains of Reggae, have strong Rastafarian influences. Indeed, artistes such as Count Ossie and the Mystic Revelation of Rastafari, who emerged on Jamaica's music scene in the mid to late 1950's are to be acknowledged and recognized for their contribution to Reggae's unique sound and how it has evolved."

"The power of Reggae could clearly be seen when Bob Marley's 'One Love' turned the entire meeting of UNESCO's Inter Governmental Committee into a song-and-dance party. The basic social functions of the music – as a vehicle for social

commentary, a cathartic practice — have not changed, and the music continues to act as a voice for all.”

Calypso is indigenous to Trinidad and Tobago. It originated as a unique form of contemporaneous, satirical and sensuous lyrics accompanied by erotic dances. The catchy rhythm is easily adapted and can rejuvenate the old bones, as well as energizing the young ones. Soul calypso evolved out of the ingenuity of the T&T performers and is played or sung to a slower tempo than the calypso.

The waist of the dancer is always moving to the rhythm in wild gyrations, pelvic bumps and grinds. This genre has now evolved to a faster tempo more likened to jump-up music with more energetic bump and grind.

Mento or “slave music” evolved in Jamaica in the nineteenth century out of a blend of African and European traditional folk music to produce this uniquely Jamaican fusion.

The inference of “slave music” evolved because the slaves who could play musical instruments were often required to play music for their masters, with the accompanying dance which originated in West Africa.

“The first mention of Mento on records is found on recordings of the Trinidadian Sam Manning, who recorded ‘Mentors’ between 1925 and 1933.”- Ken Khouri.

Blend some African drumming, some spicy Cuban rhythms, a pinch of Haitian merengue, a little Latin American beat – and this poly-rhythmic fusion became the precursor the sweet reggae music.

The lyrics of Mento songs often deal with aspects of everyday life in a light-hearted and humorous way. Many of the lyrical contents were on poverty, poor housing and other social issues. Thinly veiled sexual references and innuendos are also popular themes. The cadence is almost similar to calypso.

Ska evolved out of the ingenuity of Jamaican musicians’ improvisation and fusion with the jazz rhythm with their indigenous creations to get this new art form of music. The emergence of jazz occurred during the period of the Harlem Renaissance of the 1930s. It is said that the jazz genre evolved out of Caribbean/Cuba rumba and mambo rhythms. The Harlem jazz with Cuban influence was then syncopated in New Orleans.

The Haitian migrant slaves that were brought into New Orleans, brought with them a strong musical heritage that helped to create that peculiar New Orleans jazz format. The Haitians had accomplished composers - no doubt that was the base of their unique flavor.

We can now recognize the ingenuity, quality and variety that created jazz, and then took on further transformation after it was adopted for experimentation and improvisation by the Jamaican band members. That’s how the creativity of Jamaican musicians using the poly-rhythms - fusing the American blues, jazz, and the Jamaican mento, and with their ingenuity, developed an urban folk music called “Ska”.

Ska became a new aerobic-like music and dance craze that swept the island like wild-fire during the late 1950s to early 1960s and held on to entrench itself as a Jamaican cultural music genre - for eternity.

Ska is a very physical dance, pulling perspiration from every square inch of one’s body.

The Reggae rhythm followed the ska with a slightly slower tempo. This genre hit the international arena like a universal hurricane over a short period of time

Frederick Nathaniel “Toots” Hibbert Dec. 8, 1942 - Sep 11, 2020, was the lead singer and songwriter of Toots and the Maytals, and one of reggae’s foundational figures.

His 1968 song “Do the Reggay” gave the name to Jamaica’s signature beat. Hibbert’s soulful, electrifying performances thrilled live music lovers for more than 50 years and brought a distinctive Jamaican expression to international audiences.

Many Caribbean genres had to be left out because of space constraints. The references below will provide more information.

Robert M Stevenson “A Guide to Caribbean Music History” – Lima 1975

National Dance Theatre Company of Jamaica – DVD 2002

jis.gov.jm/minister-grange-leads-successful-inscription-of-reggae-on-intangible-cultural-heritage-of-humanity-list/

<https://www.encyclopedia.com/literature-and-arts/performing-arts/music-theory-forms-and-instruments/musical-instruments>.

<https://www.npr.org/2020/09/12/912245520/toots-hibbert-reggae-ambassador-and-leader-of-toots-and-the-maytals-dies-at-77> See “THE JAMAICAN MUSIC ROADMAP” www.mentomusic.com



Our Jamaica National Honoree

Dee Harrison is President and CEO of Alpha Reliable Title in Orlando Florida. She was born in Jamaica and started her career in Banking after obtaining a two-year college diploma in accounting. She emigrated to the US and after several jobs, she started as the Receptionist at Ensure Title Corp. A Jamaican owned business.

Dee later opened her first Title Company in Hollywood, Florida then relocating to Orlando where she continued to thrive, until the recession. As most of her counterparts in the Real Estate Industry sought out other sources of income and made career changes, Dee took the opportunity to go to College and obtain her Paralegal Degree. Dee said that she knew nothing last forever, so she was laying the foundation to be better equipped and to re-open even stronger than before.

As a Real Estate Investor and CEO of her own Company, Alpha Reliable Title, Dee has used her 30 years of knowledge and experience to also educate her clients when they have tough situations. She believes that constantly learning and depositing into the lives and businesses of her clients, has afforded her the success she reaps today.

We also want to congratulate Dee, who is the first and only Caribbean National, to have received The award for 'ALTA Honors - We Deliver' by the American Land Title Association, the National Trade Association representing more than 6200 Title Insurance Companies, Title and Settlement Agents, Independent Abstracters, Title Searchers, and Real Estate Attorneys.

Congratulations to Dee Harrison and her team at Alpha Reliable Title!

To read more about Dee Harrison and her accomplishments,

visit: www.Alphareliabletitle.com

Sincere Thanks

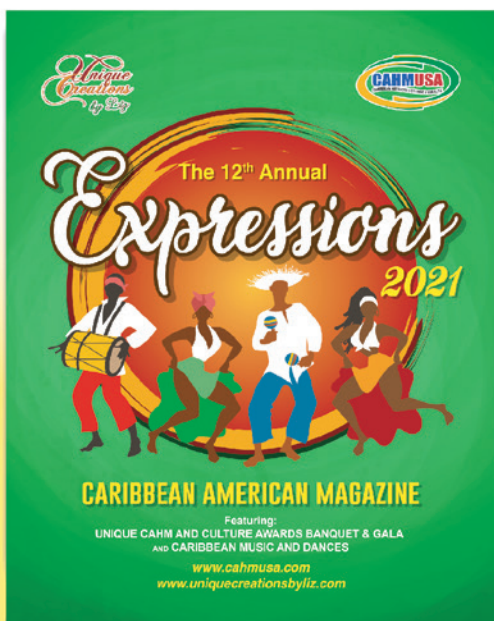
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This organization will be of great benefit to the community.

Congratulations to

**ALL the honorees on receiving the
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These honorees are well deserving and have given of their talent, time, commitment and dedication to their community. We applaud You!!

For information on how you can support this organization
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As a result of the great work of our committed and capable staff, and our partnership with the City of Miami and other Strategic Partners, our MBDA Export Center in Florida has achieved another milestone in service to MBEs. On behalf of M. Gill & Associates, I thank all of my Associates for your work in Florida, Puerto Rico and the U.S. Virgin Islands, and for achieving and surpassing our goals each year. Since 2001, our MBDA Programs have facilitated over \$5.94 Billion in Contracts and Financing for MBEs, with more than 15,500 Jobs Created and Retained. That is something to celebrate. Thanks for a Job Well done!

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