10TH ANNUAL

Expressions
CARIBBEAN AMERICAN MAGAZINE

In Recognition of
NATIONAL CARIBBEAN-AMERICAN HERITAGE MONTH
June 2019
JERK WINGS ARE HERE!
FLAVOR TO THE BONE

GRACEFOODS.COM
Good evening everyone, welcome to this 5th Annual celebration where we come together to recognize and celebrate National Caribbean American Heritage Month. This is an exciting time as we continue to acknowledge this special period in our history which began several years ago starting in 2006 by President George W. Bush when he signed it into law.

Throughout the years we have been supported by numerous people in the Caribbean American Community including various dignitaries and public officials. This year we start off the celebrations on June 9th with the 5th Annual Caribbean American Heritage Awards, followed by the 10th Annual Caribbean American Exhibition and Festival on June 29th.

Congratulations to the 10 individuals with Caribbean Heritage who were chosen to receive the Caribbean American Heritage Month Awards for their service to their community and country. They are originally from Jamaica, Cuba, Guyana, Haiti and Puerto Rico. We will also recognize 4 individuals with the Caribbean American Heritage Month - Lifetime Achievement Award and one Friend of the Caribbean Award. Over the years these individuals and company have supported and impacted the Caribbean American Community.

This year we are proud to present a host of entertainers, exhibitors, vendors and lots of activities for the entire family at the 10th Annual Caribbean Exhibition & Festival, with Island Foods, Arts/Craft, Health and other Exhibitors with valuable information to share. In addition there will be several entertainers from different countries who will be entertaining the attendees. Please visit our website, www.CAHMUSA.com, Also please join us on https://www.facebook.com/CaribbeanAmericanExhibitionandFestival/

We are excited to announce the formation of Advanced Legacy Foundation, an organization created for charitable purposes. More specifically, it is dedicated to providing scholarships for disadvantaged students and to assist in improving the socio-economic quality of life for the less fortunate in South Florida and the Caribbean. We are delighted to be able to give back to the community. Our goal is to help one child at a time and strive to give a helping hand to benefit One Island at a time. This organization will be of great benefit to the community.

Along with these events we produce the “Expressions” Caribbean American Magazine, featuring articles about the Caribbean, giving a bird’s eye view of its people, food and culture. It also provides information about many Caribbean and American businesses. We ask that you keep your copy of the magazine for future reference, also please try to utilize the services provided by these advertisers.

Many thanks to our sponsors and supporters: Grace Foods U.S.A., Waste Pro of Florida, The Jamaica Tourist Board, St Lucia Tourism Board, JetBlue, and several Media Groups including the Sun-Sentinel. To our Attendees, Exhibitors, Vendors and Advertisers, welcome to all of you.

To My Caribbean-American Family! One Love!

Uniquely Yours
Your Premier Event Planner/Producer

A business that makes nothing but money is a poor business.
~ Henry Ford
During National Caribbean-American Heritage Month, we acknowledge the significant ways Caribbean Americans have shaped our culture and heritage. Americans with roots in the Caribbean have greatly enriched our society, contributing to the arts, business, journalism, technology, government, religion, the military, sports, and many other fields.

Through his dedication to his faith, Joseph Sandiford Atwell exemplified the unyielding spirit of Caribbean Americans. Born in Barbados in 1831, Atwell moved to the United States in 1863 and attended the Philadelphia Divinity School. Following the Civil War, he went to spread God’s message of hope and love to the emancipated slaves in the South. Due to the strength of his ministry, he became the first black Episcopal deacon ordained in the Diocese of Kentucky and went on to become the first black Episcopal priest in the Diocese of Virginia.

Earlier this year, I met with the leaders of the Commonwealth of The Bahamas, the Dominican Republic, the Republic of Haiti, Jamaica, and Saint Lucia to reaffirm our partnership with the Caribbean. We discussed how we can bring greater prosperity to this important region, including potential opportunities for energy investment and enhanced trade partnerships. We made tremendous progress, and we will build on these discussions to strengthen further the relationship we share with our Caribbean neighbors.

This month, we recognize the vibrant culture and patriotism of Caribbean Americans that continue to bolster our country and enrich our lives, and we pay tribute to the strong friendship between the United States and the countries of the Caribbean.

NOW, THEREFORE, I, DONALD J. TRUMP, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim June 2019 as National Caribbean-American Heritage Month. I encourage all Americans to join in celebrating the history, culture, and achievements of Caribbean Americans with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirty-first day of May, in the year of our Lord two thousand nineteen, and of the Independence of the United States of America the two hundred and forty-third.

DONALD J. TRUMP
WHEREAS, the 10th Annual Caribbean-American Exhibition & Festival is a unique multicultural showcase celebrating National Caribbean-American Heritage Month; and

WHEREAS, this Exhibition provides opportunities for the promotion of Caribbean-American businesses through valuable exposure, networking, and the forging of new partnerships with other exhibitors and thousands of attendees; and

WHEREAS, this Exhibition serves to create more awareness and to showcase the cultural diversity, ethnicities, and heritage of the Caribbean people, and assists in the promoting of Caribbean and American businesses; and

WHEREAS, the Caribbean American Exhibition has the capability of creating job opportunities and can assist in boosting the economy in the tri-county area. This event has enhanced growth and increased prospects for many businesses, large and small; and

WHEREAS, the inclusion of the Festival theme with captivating Island Music, Cultural Dancers, Reggae, Soca and Latin Artistes, as well as other Performers, provides an opportunity for Artistes and Entertainers to showcase their talents; and

WHEREAS, the inclusion of the 5th annual Caribbean-American Heritage Awards and Recognition on June 9, 2019, will honor individuals of Caribbean roots, for their significant contribution to the community; also, Non-Caribbean individuals who have impacted the Caribbean American community; and

WHEREAS, Unique Creations by Liz, is the producer of “Expressions” Caribbean-American Magazine, in observance of National Caribbean Heritage Month, which features many Caribbean-American Businesses, while giving a bird’s eye view of the Caribbean Islands, their Beauty, Culture and Cuisine; NOW, THEREFORE,

BE IT PROCLAIMED BY THE BOARD OF COUNTY COMMISSIONERS OF BROWARD COUNTY, FLORIDA:

That the Board hereby designates, Sunday, June 9, 2019, as “THE 5TH ANNUAL CARIBBEAN AMERICAN HERITAGE AWARDS DAY” and Saturday, June 29, 2019, as “THE 10TH ANNUAL CARIBBEAN-AMERICAN EXHIBITION AND FESTIVAL DAY” in Broward County, Florida and compliment Elizabeth Burns of Unique Creations by Liz and CAHMUSA, for her outstanding contributions to Broward County towards the observance of Caribbean-American Heritage Month.
SAINT LUCIA
LET HER INSPIRE YOU

INSPIRE Memories

CONTACT ANDREA WILLIAMS AT EXQUISITE VACATIONS INC.
305.892.3496 andrea@exquisitевacation.com
www.exquisitевacationstravel.com
We are pleased to announce the formation of:

**Advanced Legacy Foundation**

An organization organized for charitable purposes. More specifically, it is dedicated to providing scholarships for dis-advantaged students and to assist in improving the socio-economic quality of life for the less fortunate in South Florida and the Caribbean.

We are delighted to be able to give back to the community. Our goal is to help one child at a time and strive to give a helping hand to benefit One Island at a time. This organization will be of great benefit to the community.

For information on how you can support this organization, you may contact us at:
954-292-6848 OR by email: Liz@cahmusa.com

Additional information on this organization will be forthcoming.

Elizabeth Burns
President
Advanced Legacy Foundation

Tel: 954.292.6848 | 954.435.4717
www.CAHMUSA.com
CONGRATULATIONS
Kenneth Rivera
On Receiving The
CARIBBEAN AMERICAN HERITAGE MONTH AWARD
May 21, 2019

Welcome to our wonderful City of Miramar, a multi-cultural, diverse and progressive City!

It is my distinct pleasure to again be a part of the Caribbean American Heritage Month Celebrations.

South Florida is blessed with much diversity of cultures and a melting pot for Caribbean ethnicities and as such we fully embrace this and endeavor to acknowledge and celebrate our Caribbean heroes and those Friends of the Caribbean alike.

As Commissioner of the City of Miramar, it would be remiss of me not to acknowledge the hard work of the organizer, Elizabeth Burns-President of Unique Creations by Liz in ensuring that these annual events takes place. Miramar is one of the most culturally diverse cities where a vast majority of its residents are of Caribbean Heritage.

Congratulations on this 5th staging of the Caribbean American Heritage Month Awards Banquet & Gala and the 10th Anniversary of the Caribbean American Exhibition and Festival which assists in bringing the Caribbean community together. It is absolutely my pleasure to be a sponsor of these auspicious events honoring Caribbean people and the work they do to keep the heritage alive and to continue to promote our culture.

Sincerely,

Maxwell B Chambers
Commissioner, City of Miramar
Elect RAY MARTIN
Nov. 3rd, 2020
for Lauderhill Commissioner, Seat 3.

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Congratulations!!

Ms. Guilaine M. Regis for all your hard work and dedication in the hospitality industry.

Your efforts are appreciated.

We Salute You!
CONGRATULATIONS
TO THE
2019 CARIBBEAN AMERICAN HERITAGE AWARD HONOREES!

VICE MAYOR
ALEXANDRA P. DAVIS
“Miramar First”
June 9, 2019

As a person of Jamaican Caribbean descent, we've always treasured and celebrated our Caribbean Heritage. We are proud of our significant contributions to the community and will continue on this path to showcase our great culture.

Many thanks to Elizabeth Burns of Unique Creations by Liz for bestowing this wonderful recognition not only on me but on my fellow honorees as well. I am proud to celebrate this evening with such major contributors to our society.

This marks the fourteenth year the United States has celebrated June as National Caribbean American Heritage Month. It recognizes the diversity of our culture and inclusion, a movement that must continue.

Wishing everyone a wonderful celebration.

All the best,

Wayne M. Messam
Mayor
CARIBBEAN AMERICAN HERITAGE MONTH AWARDS

Congratulations to

2019 HONOREEES

Kenneth Rivera  
Susan Kennedy

Guithele Ruiz Nicolas  
Chely Thimothee Paul  
Wayne Messam  
Lourdes Diaz

Xavier Murphy  
Judith A. Barnes  
Guilaine Regis  
Kidson W. Barnes
Caribbean American Heritage Month
Lifetime Achievement Award
Honorees

Success is liking yourself, liking what you do, and liking how you do it.
~ Maya Angelou
The 6th Annual Caribbean American Heritage Month Award

JUNE 2020

Celebrating Caribbean American Heritage Month

Reception; Entertainment; Dinner; Awards Presentation; Dancing

A GRAND AFFAIR

Email: liz@uniquecreationsbyliz.com

www.CAHMUSA.com

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But the world has changed. The product has changed. Its use has also changed. The method of growing has changed. The market and the competition have changed. Is there any way that Jamaica can survive and make it in the new gold rush? YES! Jamaica can, but we will have to make major changes to our way of doing business, what was good for the illegal market in the old days, will not work very well under the new conditions.

The new Cannabis world can be divided into 2 main sectors the legal and the illegal. Growing for the illegal sector is the main activity and will probably remain so for a while until either general recreational use is legalized or until the growers of medical marijuana find a way to dump their surplus production onto the illegal sector.

Over production by the over optimistic new start up growers in places like Oregon and some in Canada has already created this surplus situation which will only get worse. The resulting price decrease has already caused bankruptcies and more will only serve to hasten the need for the dumping of surplus stock onto the illegal sector. Jamaica’s time to get its affairs in order is very short.

Large fortunes were made by a few individuals and a few families, some well-known while some were notorious or infamous for their criminal activities. The people of Jamaica got no benefit from this very lucrative activity, except for a few who received token gifts such as motorbikes or a few electrical appliances. This was like getting the crumbs but not getting a slice of the cake.

The marijuana from Jamaica was prized for its quality, purity and potency. It was the Gold Standard through the 1960’s and 1970’s while the product included the leaf, dried or cured.

However, as the market expanded, so did competition from Mexico and from U.S growers in California, Oregon, Virginia and a few other states. But Jamaica managed to keep its lead in spite of this plus increased activity by the DEA, US Coast Guard and local law enforcement.
American Heritage Month 2018
creation which, for the first time, gives some benefit to
the general public and creates a substantial new revenue
source for the government.

Marijuana buds being stripped from stalks in Denver.
Ryan David Brown for The New York Times

The focus now, is on the whole Cannabis plant and its
extracts and derivatives, for medicinal, cosmetic and
industrial uses. Recreational marijuana smoking still
is the major legal market. But, Medicinal marijuana,
CBD oil (medicinal and industrial), Food & Beverage,
Cosmetics & Skin Care and Hemp (industrial uses,
CBD oil and fiber production) are each large markets
on their own.

Unfortunately, in the USA, there are still legal roadblocks
which prohibit the use of Cannabidiol (CBD), the main
extract derived from the Marijuana Cannabis plant.
There are also legal restrictions in both the USA and
China against the related Hemp plant from which small
amounts of CBD could be extracted.

Growing is now a Large-Scale Industry

Almost gone is the secret small grower. This is so even
in Mexico, where Marijuana is now legal. Fortunately,
for Jamaica, even with this plus the large-scale growing

How Does Jamaica’s Farming Compare?
While Jamaica has a few relatively big farms, a large
amount is done by small operators. In the USA, Canada,
and Great Britain there is great reliance on indoor
hydroponics and indoor greenhouses some of which are
larger than many small farms in Jamaica. Mexico,
China, Australia, Afghanistan, Pakistan and China have
huge farms. China is considering legalizing the growing
of Marijuana as a continuation of its legalizing limited
growing of Hemp. China is preparing to ramp up its
production of medicinal derivatives and industrial
products from both Marijuana and Hemp. One Hemp
farm in China is 36,000 acres in size. Jamaica needs
to drastically increase the acreage under cultivation so
that it can handle more strains and volume.

Out with the Old Leaf – In with the Bud
Times have changed and so has the product, especially
in North America and Europe. The inclusion of the
dried or cured leaf and other plant parts for smoking
has given way to the exclusive use of the bud (or the
flowers). This has changed the labor force needed for
growing and preparing for sale. Growing now requires
skilled “bud” management and better plant fertilizing
and plant nurturing both of which have caused job

“ If God had wanted me otherwise, He would have created me otherwise.”
- Johann von Goethe
in the USA and Canada, there is still a need for more high quality product in both the legal and the illegal marketplaces.

Additionally, much of the growing in the USA and Canada has substantially higher production and operating costs giving Jamaica a very useful price advantage. However, this advantage would be lost when marijuana and Cannabis become legal for all.

Don’t Call Me Marijuana, Ganja or Pot My Name is CANNABIS, The Money Machine.

As new markets open and capital continues to flood in, the cannabis industry has become, by some measures, one of the country’s fastest-growing job sectors. The legalization has created a whole new industries; builders of retail shops, store equipment, growers, processing facilities, manufacturers of derivative products, packaging, transporters order takers, shippers, warehouses, security providers along with the jobs provided. There is also a growing demand for trained workers which has led to the formation of special schools such as, Learn Sativa University cannabis college in Orlando, which offers courses in Budtending, Dispensary Management, Advanced Extraction etc.

The jobs range from hourly work at farms and stores to executive positions. Some companies span the country. Columbia Care, a medical cannabis company that is based in New York and has 500 employees, has indoor farms and manufacturing plants in Massachusetts, Delaware, Florida, Illinois, Arizona and the District of Columbia. While others are already international such as the Canadian company, Weekend Unlimited which purchased Jamaica’s R&D Pharma. Industry giant Canopy Growth operates Tweed Jamaica and is also in Australia and Western Europe. US giant Aurora Cannabis has a presence in over 25 countries.

It might be true that if there had been no reports of medicinal benefits and the possibility of patentable (profitable) medicines from either the use of marijuana or from plant extracts, there would not have been sufficient interest to have caused the changes in the perception of Cannabis leading to the legalization movement.

The first step, which served to satisfy the need to have greater public interest and involvement was to decriminalize recreational possession and use of small amounts. Some states adopted this route while others being more conservative or not as aggressive, used the cover of Medical Marijuana to ease their way in.

The eventual goal, of each state, is to control the entire industry, from plant selection, growing, product R&D, licensing, distribution and retailing. This goal will be easily achieved if the states can keep the Federal Government out of the picture until the markets are developed to the point where public support is overwhelming and the economic benefits are standard budget items.

The legalization comes with licensing requirements, rules, regulations, strict enforcement and special taxes. Legalization is expected to provide a new healthy revenue source for states and local governments.

“The successful warrior is the average man, with laser-like focus.”
~ Bruce Lee
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Tropical Sangria

- 1 750 milliliter bottle white wine
- ½ cup white rum
- 1- pound or more tropical fruit (mango, Pineapple, papaya, guava), cut up in large chunks.
- 1-2 cups guava juice
- 1-2 cups passion fruit juice
- 1-2 cups pineapple juice

Instructions
1. Combine all ingredients in a large pitcher pour the rum over it. Then add, juice and wine.
2. Let it sit in the fridge overnight because it taste better that way or if pressed for time cut the resting time in half.
3. Serve cold.

This is a Great Caribbean Cocktail to enjoy with Family and Friends.
There really is no reason to leave the ocean...
ANGUILLA: A British Overseas Territory which has the distinction of being the only Independent country to have rebellions in order to return to being a Territory. This was done in 1967 and 1969 with eventual secession from St. Kitts and Nevis in 1980. Although tourism is the main economic activity, it is best known for financial activities such as offshore incorporation, especially for insurance captives and as a tax haven.

ANTIGUA AND BARBUDA: (Spanish for “Ancient” and “Bearded”): Very prosperous and is the Land of “365” beaches and home of many of the Rich & Famous. The site of world famous sailing regattas such as Antigua Sailing Week and Antigua Classic Yacht Charter Week.

ARUBA: One of the countries that form the Kingdom of the Netherlands. It has unusual weather with the lowest rainfall in the Caribbean resulting in a dry climate with arid cactus strewn landscape. This constant warm sunny weather and the fact that it lies outside the hurricane belt helps it to be a tourist destination. Tourism, gold mining, phosphate mining and aloe export provides one of the highest standards of living in the region.

THE BAHAMAS: The playground of the Rich and famous with over 650 islands and 2,400 cays. One of the richest countries in the Americas with tourism and financial services driving most of its economy.

Barbados: British flavour and posh luxury resorts makes it a leading tourist destination. Tourism, light manufacturing, offshore finance and information services have helped to make it one of the most prosperous countries in the area.

BARBADOS: British flavour and posh luxury resorts makes it a leading tourist destination. Tourism, light manufacturing, offshore finance and information services have helped to make it one of the most prosperous countries in the area.
BELIZE: Unique eco-tourism featuring lush tropical rainforest with ancient Mayan pyramids and the world’s second longest barrier reef ideal for diving and snorkeling.

BERMUDA: A British Overseas Territory located in the North Atlantic and not in the Caribbean is treated as an Associated Member of CARICOM. It is a major offshore financial center and tax haven. Large numbers of leading international insurance companies operate in Bermuda and over 15,000 international companies are registered there and the Exchange lists hundreds of funds. Tourism, although important, is secondary.

THE BRITISH VIRGIN ISLANDS: A British Overseas Territory whose people have full British citizenship along with European Union citizenship and Eurozone membership, however, its currency is the US $. Its economy is one of the more prosperous in the Caribbean with more than half coming from being an offshore financial center and major tax haven. Tourism accounts for 45% with nearly 1 million visitors per year, half from cruise ships.

THE CAYMAN ISLANDS: A British Overseas Territory which is the fifth largest banking center in the world and a major financial center. This along with thriving tourism and merchant marine has made it one of the richest countries in the world. It also has the distinction of being the most affected, in the Atlantic Basin and Caribbean area, by major storms and hurricanes with an average of 1 every 2.23 years.

CURACAO: A part of the Kingdom of the Netherlands. It is relatively dry and although it lies outside the hurricane belt it is frequently affected indirectly. The economy is based on oil refining, tourism, financial services and IT, which provide one of the highest standards of living in the Caribbean and a top 50 world ranking in GDP.

DOMINICA: A geologically young island that is still being formed by volcanic activity which can be seen in Boiling Lake, the world’s second largest hot spring. The island is home to many rare plant, animal and bird species which live in the lush mountainous rainforests.

DOMINICAN REPUBLIC: The second largest Caribbean country shares the island of Hispaniola with Haiti. It has the ninth largest economy in Latin America and the second largest in Central America and the Caribbean. The economy is dominated by services although it is the most visited tourist destination in the Caribbean. The main tourist attractions include the highest mountain in the Caribbean, Pico Duarte and the largest lake and lowest elevation, Lake Enriquillo. It is famous for the Merengue and for producing major league baseball players.

GRENADA: The “Isle of Spice” is one of the world’s largest producers of Nutmeg and Mace. Tourism is the major economic activity featuring one of the world’s Top 10 beaches and a large cruise ship pier. It has the distinction of having been invaded by the USA in 1983.

GUADALOUPE: Is a territory of France and is part of the European Union and the Eurozone with the Euro as its currency. The official language is French but many speak Antillean Creole. Tourism is important but agriculture specializing in niche markets with crops such as noni, christophine, jackfruit and pomegranates is becoming important.

GUYANA: The Cooperative Republic of Guyana on the northeastern coast of South America is one of the few Caribbean countries that is not an island and is the only country in South America with English as its official language. It is mainly lush Amazon rain forest and is rich in lumber, bauxite, gold and semi-precious stones although rice and ocean shrimp also make significant contributions to its exports. The economy is being overhauled in conjunction with the IMF, the World Bank and the cooperation of the US, European and Trinidad & Tobago governments, making the future look bright for Guyana.

HAITI: The modern world’s first Black republic is rich in history, art and culture and is famous for its Voodoo religion. It is the poorest nation in the Western Hemisphere and continually suffers misfortune. It has suffered years of occupation by the US and decades of dictatorship by the Duvaliers. Frequent major hurricanes including 4 in 2008 devastated agriculture and the economy. This was followed by a major earthquake in 2010, destroying what was left of the infrastructure, manufacturing and social services and leaving over 1 million homeless.
JAMAICA: Land of wood and water, a rich landscape with beautiful beaches, many rivers and waterfalls. The home of Bob Marley and Usain Bolt and famous for Reggae and Ska music, rum, coffee and cuisine.

MARTINIQUE: A territory of France and is part of the European Union and Eurozone with the Euro as currency. Tourism, bananas for France and Rum are the main economic activities.

MONTserrat: A British Overseas Territory which means that its people have full British citizenship and are citizens of the EU also. It is nickname “The Emerald isle of the Caribbean” for both its resemblance to coastal Ireland and or the Irish ancestry of many of its people. The island suffered major destruction in 1995 from the still active Soufriere Hills volcano.

PUERTO RICO: An unincorporated territory of the USA. Although a diverse manufacturing center, it still is a major tourist destination with rich nightlife and many beaches. It boasts two bays that are lit at night by phosphorescent marine organisms. Reggaeton was invented and developed here and most of the artistes are locals.

SAINT KITTS AND NEVIS: A 2 island Federation separated by a narrow 2 mile channel known as “The Narrows”. Nevis has a volcano at its center and its beaches are a mixture of white coral and brown and black sand eroded from the volcanic rock which makes up the island.

SAINT LUCIA: A very mountainous island with the only drive-in volcano, in the Caribbean, and which is believed to cure many skin conditions. Its manufacturing sector is the most diverse in the eastern Caribbean, but, offshore banking services and tourism are the main economic factors.

SAINT MARTIN: An Overseas Department of France with French citizenship and European Union membership shares an island with Sint Maarten, which is part of the Kingdom of the Netherlands. Although only 21 sq miles in size it has a thriving tourist industry.

SAINT VINCENT AND THE GRENADINES: A member of the Commonwealth of Nations. The islands frequently suffer from hurricanes and eruptions in 1902 and 1979 from La Soufriere volcano which have severely affected the agriculture based economy...Tourism and a very secretive offshore financial sector are being developed.

Suriname: The smallest sovereign state in South America is the only independent entity in the Americas speaking Dutch. The country enjoys a trade surplus with Bauxite as the main export... Gold and significant oil reserves also contribute and are under major expansion.

SURINAME: The smallest sovereign state in South America is the only independent entity in the Americas speaking Dutch. The country enjoys a trade surplus with Bauxite as the main export... Gold and significant oil reserves also contribute and are under major expansion.

TRINIDAD AND TOBAGO: A Republic since 1970 has an economy that is very different from that of most of the other Caribbean islands. It is primarily industrial with an emphasis on petroleum, petrochemicals and LPG. However, it is probably better known for its Carnival and as the birthplace of calypso, soca, steelpan and the limbo.

TURKS AND CAICOS ISLANDS: A British Overseas Territory which gives its people full British citizenship and EU citizenship. The economy is based on tourism, financial services and construction for those industries.

THE U.S. VIRGIN ISLANDS: An unincorporated territory of the USA has a combined size roughly twice the size of Washington D.C. but a large portion is owned by the National Park Service. The islands are a major tourist destination and are known for their white sand beaches and coral reefs which attract over 2 million visitors each year, many on cruise ships. Most of the islands are volcanic and hilly limiting the agricultural activity to rum distilling. Hurricanes are also frequent.
The Caribbean Region is Open for Your Business.
U.S. Commercial Service Caribbean Services for U.S. Companies

Our experienced trade professionals help you enter to the Caribbean market in the most efficient, targeted way. We assess your export potential, understand your need, and then provide the right mix of U.S. Commercial Service capabilities to achieve your exporting goals.

The U.S. Commercial Service has relationships and expertise across every major industry sector and every key Caribbean market. We go the extra mile on your behalf, providing you with the market intelligence and the contacts you need to make strategic business decisions that optimize the return on your export investment.

Proven Trade Expertise. The U.S. Commercial Service Caribbean Office helps U.S. business succeed in the Caribbean market. Whether you’re looking to make your first export sale or expand your business in the Caribbean, we offer the trade counseling, market intelligence, business matchmaking, and commercial diplomacy you need to connect with lucrative opportunities and increase your bottom line.

Our trade professionals will work with you to identify and tailor the right mix of U.S. Commercial Service capabilities to achieve your exporting goals. Contact your U.S. Commercial Service trade professionals in The Caribbean for details.

Trade Counseling
• Develop effective market entry and sales strategies.
• Understand export documentation requirements and import regulations of Caribbean markets.
• Navigate U.S. government export controls, compliance, and trade financing options.

Market Intelligence
• Analyze market potential and Caribbean competitors.
• Obtain useful information on best prospects, financing, laws and cultural issues.
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Business Matchmaking
• Connect with pre-screened potential Caribbean partners.
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• Overcome trade obstacles to successfully enter to the Caribbean market.
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And to All of the Award Recipients

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CONGRATULATIONS TO MIRAMAR’S
MAYOR WAYNE MESSAM
ON WINNING THE CARIBBEAN AMERICAN HERITAGE AWARD

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Colorado earned $268 Million for 2018 up from $130 Million in 2014. California has reported $345 Million in revenues for its first full year. Washington State reported $319. Revenues of California, Florida and others are expected to show significant increases as soon as the logistics of licensing etc for medical marijuana becomes a reality.

States will also be able to save substantial amounts from the reduction in law enforcement, prosecution and incarceration.

While the largest market for Cannabis should continue being recreational marijuana smoking, the remaining markets of Medical Marijuana, Medical derivatives (extracts etc), Food and Beverage, Cosmetics and Skin Care, Industrial uses and Hemp products are each quite large.

Worldwide Competition, Growing and Marketing
The global legal cannabis market amounted to $9.5 billion in 2017. The North America legal cannabis market reached $12 billion in 2018, growing by 30 percent on the year. The largest market was the United States, which totaled $10.4 billion. It was followed by Canada with $1.6 billion. Analysts predicts the overall cannabis market for legal adult-use and medical sales in North America to reach $24.5 billion by 2021.

South American countries have the most liberal medical cannabis programs. Led by Brazil, Argentina, Peru and Uruguay, the South American medical cannabis market may grow from $125 million in 2018 to $776 million in 2027.

Germany is ready to become the leader of the European cannabis market, and Italy is expected to be second with $1.2 billion in sales by 2027. Some form of medical cannabis is now legal in 22 countries in Europe.

Australia's legal cannabis market is forecast to grow from $52 million in 2018 to $1.2 billion in 2027, the 5th largest in the world.

Israel has a small population and a long history of legal medical cannabis use. It continues to be a leader over the years in the development of cannabis pharmaceuticals. Luckily for Jamaica not every country grows enough high quality for export. Jamaica can keeps its edge in the illegal while using its reputation to secure a good supplier position in the high quality market. Steps in this direction are evident from the presence of Tweed and Weekend Unlimited.

Bearing in mind that there are severe consequences, in the USA, for any involvement whether criminal or not, in the trading or promoting of illicit drugs and items. Marijuana and derivatives are still illegal at the Federal level. This also includes Hemp and its derivatives. Visas, Residency (Green Cards) and travel privileges will be at great risk.

“A winner is one who accepts his failures and mistakes, picks up the pieces, and continues striving to reach his goals.” - Dexter Yager
IS THIS ACTUALLY REAL

Can CBD do all of this?

Concept and diagram by Paul Sahre. Photo illustration by Jamie Chung. Prop styling by Anna Surbatovich

“If God had wanted me otherwise, He would have created me otherwise.”
- Johann von Goethe
DID YOU KNOW?

Famous People who are of Caribbean Heritage

Harry Belafonte
Barbadian Parents

CCH Pounder
Born in Guyana

Delory Lindo
Jamaican Parents

Nia Long
Trinidadian Parents

Colin Powell
Jamaican Parents

Rihanna
Born in Barbados

Eric Holder
Barbadian Parents

Dawn Lewis
Guyanese Parents

Gerald Maxwell
Mother from Haiti
"As often as you did it to one of the least of My brothers and sisters, you did it to Me."
(Matthew 25:40)

Food For The Poor is an interdenominational Christian ministry helping the poor throughout the Caribbean and Latin America.

We began serving the destitute poor in Jamaica in 1982. And over the past 37 years, Food For The Poor has grown to do so much more than feed the hungry. Our generous supporters have enabled Food For The Poor to build strong, sturdy homes to shelter poor families, given countless meals to children through school feeding programs, and helped communities in need receive clean water. They have also enabled us to operate agricultural programs for urban and rural families by providing them with the valuable tools they need to grow their own food.

- In 2018, Food For The Poor distributed $6.8 million worth of food to feed malnourished children and their families in Jamaica.
- Since Food For The Poor began building houses, we have constructed more than 35,000 stable, secure homes for families in Jamaica.
- Throughout Jamaica, Food For The Poor has built, repaired or expanded 274 schools.
Sincere Thanks

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- Vince Lombardi
“You Deserve The Best”

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